

VEG - SALADS

RUSSIAN SALAD ₹ 299 300gm
Potato, Apple, French Beans, Green Peas, Carrot, Corn, Iceberg Lettuce
with classic creamy meyo dressing

PAN FRIED SALAD ₹ 309 300gm
Broccoli, Zucchini, Paneer, Corn, Green Peas, Carrot, Onion, Capsicum, Baby Corn, Lettuce
with mustard lemon dressing & chat masala

GRILLED CORN SALAD ₹ 299 300gm
Grilled Corn, Carrot, Baby Corn, Cucumber, Zucchini, Paneer, Olives, Olive Oil, Onion, Tomato
With marie rose dressing

GRILLED PINEAPPLE SALAD ₹ 299 300gm
Pineapple, Capsicum, Zucchini, Onion, Baby Corn, Tomato, Carrot, Iceberg Lettuce
with Moorish dressing

PANEER GRILLED SALAD ₹ 299 300gm
Paneer, Tomato, Fresh Parsley, Cabbage, Onion, Cucumber, Carrot, Mix Capsicum, Lettuce
with mustered Lemon or sweet onion dressing

BASIL PESTO SALAD ₹ 299 300gm
Capsicum, Tomato, Cucumber, Baby Corn, Broccoli, Carrot, Zucchini, Olives, Lettuce
with Basil paste made with olive oil

GREEK SALAD ₹ 299 300gm
Cucumber, Olives, Tomato, Iceberg Lettuce, Onion, Paneer, Capsicum
with mustard lemon dressing

KING SALAD ₹ 309 300gm
Broccoli, Cucumber, Tomato, Lettuce, Capsicum, Baby Corn, Zucchini, Green Peas, Carrot, Corn
with teriyaki OR moorish dressing

PASTA SALAD ₹ 299 300gm
Pasta, Capsicum, Tomato, Broccoli, Tomato, Carrot, Green & Yellow Zucchini, Lettuce
with Marie rose dressing

Wraps

PANEER WRAP	₹ 199/-
EGG WRAP	₹ 209/-
CHICKEN WRAP	₹ 209/-
PRAWNS WRAP	₹ 259/-

NEW

INTRODUCING RICE BOWLS

<input type="checkbox"/> BASIL RICE SALAD	₹ 279/-
<input type="checkbox"/> BROWN RICE SALAD	₹ 279/-
<input type="checkbox"/> CHICKEN RICE SALAD	₹ 329/-
<input type="checkbox"/> EGG RICE SALAD	₹ 319/-



SOUP

VEGETABLE CLEAR SOUP	₹ 149/-
TOMAO SOUP	₹ 149/-
BROCCOLI ALMOND SOUP	₹ 169/-
CHICKEN CLEAR SOUP	₹ 169/-
GARLIC BREAD (4PCS)	₹ 129/-

NON VEG - SALADS

RUSSIAN CHICKEN SALAD ₹ 339 300gm
Boiled / Grilled / Spicy Chicken, Potato, Apple, French Beans, Green Peas, Carrot, Corn, Iceberg Lettuce
with classic creamy mayo dressing

GRILLED CHICKEN & PINEAPPLE ₹ 349 300gm
Boiled / Grilled / Spicy Chicken, Pineapple, Capsicum, Zucchini, Onion, Baby Corn, Tomato, Carrot, Lettuce
with Moorish dressing

CHICKEN PESTO SALAD ₹ 349 300gm
Grilled / Spicy Chicken, Capsicum, Lettuce, Cucumber, Baby Corn, Broccoli, Tomato, Carrot, Zucchini, Olives
with basil paste made with olive oil

GREEK CHICKEN SALAD ₹ 339 300gm
Boiled / Grilled / Spicy Chicken, Cucumber, Olives, Olive Oil, Tomato, Iceberg Lettuce, Onion, Capsicum
with mustard lemon dressing

CHICKEN KING SALAD ₹ 369 350gm
Boiled / Grilled / Spicy Chicken, Broccoli, Cucumber, Tomato, Iceberg Lettuce, Capsicum, Baby Corn, Zucchini, Green Peas, Carrot, Corn
with teriyaki OR moorish dressing

GRILLED CHICKEN SALAD ₹ 339 300gm
Grilled Chicken, Tomato, Capsicum, Broccoli, Green Peas, Corn, Olives, Baby Corn, Lettuce
with mustard lemon OR moorish dressing

CHICKEN PASTA SALAD ₹ 339 300gm
Boiled / Grilled / Spicy Chicken, Pasta, Capsicum, Tomato, Broccoli, Tomato, Carrot, Zucchini, Lettuce
with Marie rose dressing

STIR FRIED PRAWN SALAD ₹ 369 300gm
Stir Fried Prawns, Tomato, Capsicum, Broccoli, Green Peas, Corn, Olives, Baby Corn, Lettuce
with mustard lemon dressing

Monthly Subscription 22 Days

VEG	: ₹ 5082/-
VEG + NON VEG	: ₹ 5995- (5 Veg Salads + 11 Non Veg Salads)
Non Veg	: ₹ 6435/-

Trial Pack - 10 Days

VEG	: ₹ 2519/-
VEG + Non Veg	: ₹ 2827/- (5 Veg Salads + 5 Non Veg Salads)
Non Veg	: ₹ 2926/-

5% GST will be applicable on all above rates

Qty :300gm Free Home Delivery

Delivery Slots:

Morning	Evening
11am to 01pm	05pm to 08pm

Delivery Available only between Monday to Friday

Kothrud Branch +91 98545 46161

Parvati Branch +91 80101 61733

Shop Timing 9am to 9pm

Get healthy, tasty and freshly prepared salads delivered right to your doorstep!

We at Shalini's Salads have an innovative approach to a healthy lifestyle. We use the freshest and highest quality of vegetables & ingredients.

Our team is a combination of certified nutritionists and best chefs which gives our salads a perfect balance of taste and nutrition.

Subscribe us and we will deliver freshly made healthy salads to your home everyday

www.shalinissalads.com

